

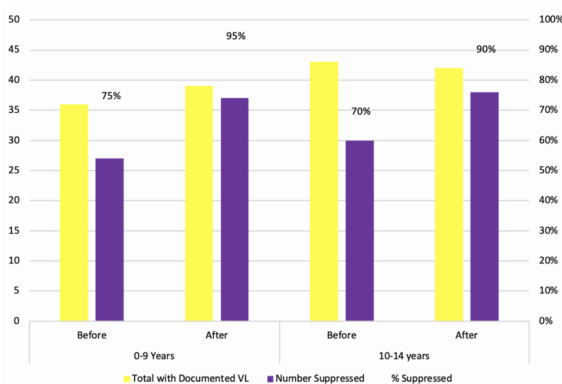
An Index Case Testing Strategy to Close the HIV Gap



Index testing, also known as partner notification, is an effective case-finding strategy that helps to identify individuals exposed to HIV-positive persons, offer them HIV testing services, and link them to treatment or prevention. Ciheb's approach to index testing in the sub-Saharan context includes a multi-dimensional combination of training, engagement, collaboration, and client sensitivity in order to overcome barriers to expand testing services. A newly published technical document describes Ciheb's approach and offers case studies from Zambia and Kenya.

[Read the Technical Brief](#)

Surrogate Caregivers Help to Improve Child and Adolescent Viral Suppression Rates in Kenya



Children and adolescents are among the most vulnerable populations in Kenya to HIV. At Marani Sub-county Hospital in Kisii County, Kenya, surrogate caregivers were used to support clients and create a stable care environment. After a 14-month intervention, 90-95% of children and adolescents achieved viral suppression.

[Read more](#)

Resources and Toolkits to Improve Health Systems in Kenya and Nigeria



Ciheb has used a rigorous continuous quality improvement (CQI) approach to improve health systems in sub-Saharan Africa. Recently, Ciheb expanded its online CQI resources to assist practitioners in [Kenya](#) and [Nigeria](#). The new resources include country-specific toolkits and illustrative case studies.

[Learn more](#)

Ciheb's Approach to Client-Centered Services



Client-centered services will continue to be a focus area in Ciheb's 2021 operations. These services respect the client's autonomy, voice, self-determination, and participation in decision-making. Ciheb's multi-layered client-centered approach relies on evidence-based and data-driven implementation and is grounded in CQI methodologies. The strategies rely heavily on community engagement and resilient, adaptive programming, and they seek to create sustainable local capacity. Stay tuned for more updates.

New Ciheb Research Publication

Monday, T., Ramadhani, H. O., Adebajo, S., Crowell, T. A., Nowak, R. G., Charurat, M. E., Dakum, P. and Ndembu, N. "[Field evaluation of HIV-1 viral load monitoring in adults and children receiving antiretroviral treatment in Nigeria by dried blood spot testing with RealTime HIV-1 on m2000.](#)" *Journal of Clinical Virology*. 2020 Nov 25;135:104694. doi: 10.1016/j.jcv.2020.104694. PMID: 33476928.

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